WILD VINES.

FRUTÉZIA.



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Chicken Satay

Pairs well with Frutézia[®] Passion Blend Serves 2

2 1/2 T Soy sauce 1 1/2 T Rice vinegar 2 2 Boneless, skinless chicken breasts, cut into 4 long strips 2T Crunchy peanut butter 3T Warm water 2 Garlic cloves, crushed 1t Sesame oil 8 Metal skewers

Combine 2 tablespoons of soy sauce and a tablespoon of rice vinegar, then add chicken strips. Marinate for 30 minutes. Combine peanut butter, water, the remaining rice vinegar and soy sauce, as well as garlic and sesame oil in a bowl. Mix well and set asid--this is the satay sauce. Thread the marinated chicken strips onto the skewers. Broil the meat a few inches from the heat source for 3 minutes on each side. Serve the satay in a small dipping bowl, with the skewers on a plate by its side.